

Choose 1 Entrée. (2 Daily Specials & 2 Daily Alternates)
Includes 1 Fruit & 1 Veggie Choice!

THINK BALANCE!

A Balanced Tray Includes...

Grain ~ Protein ~ Fruit ~ Vegetable ~ Milk

(GF) = Gluten-Free Ingredients (V) = Vegetarian Ingredients

September National Food Holidays: 9th– National Pizza Day! 17th– Wacky Watermelon Day! 23rd-1st Day of Fall!

All American Monday! I 2 the USA American Classics	AKA: Taco Tuesday,	A School Favorite!	Everything &	Cheesy Pizza By
Monday-Sept 7	Tuesday-Sept 8	Wednesday-Sept 9	Thursday-Sept 10	Celebrate Nat'l Pizza Day!
Happy Labor Day! Fun Fact In the past Labor Day used to be the last fashionable day to wear the color white!	Chicken Parmesan On a Kaiser Chicken Caesar Salad Sides: 100% Fruit Juice & Cupped Celery w/ Ranch	Cheese Steak On WG Torpedo Chicken Patty on Bun Sides: Cupped & Fresh Fruit Waffle Fries	Chicken Fajita On WG Torpedo Turkey & Cheese Sandwich Sides: 100% Fruit Juice & Cupped Golden Corn	Primo Pizza By The Slice (V) Italian Hoagie Sides: Cupped & Fresh Fruit Side Caesar Salad
Monday-Sept 14	Tuesday-Sept 15	Wednesday-Sept 16	Wacky Watermelon Day	Friday-Sept 18
No School	Meatball Parmesan On WG Torpedo Chicken Caesar Salad Sides: 100% Fruit Juice & Cupped Celery w/ Ranch	Chicken Tenders W/ Biscuit Chicken Patty on Bun Sides: Cupped & Fresh Fruit Mashed Potatoes	Nacho Grande (GF) w/ Chips & Toppings Turkey & Cheese Sandwich Sides: 100% Fruit Juice & Cupped Baked Beans	Turkey Pepperoni Pizza By The Slice Italian Hoagie Sides: Cupped & Fresh Fruit Carrots w/ Ranch
Monday-Sept 21	Tuesday-Sept 22	1st Day of Fall!	Thursday-Sept 24	Friday-Sept 25
Bacon Chicken Melt On a Kaiser Roll Turkey Club Salad Sides: Cupped & Fresh Fruit Carrots w/ Ranch	Pasta & Meat Sauce W/ Garlic Breadstick Chicken Caesar Salad Sides: 100% Fruit Juice & Cupped Celery w/ Ranch	No School	Bloomin Onion Burger On a Bun Turkey & Cheese Sandwich Sides: 100% Fruit Juice & Cupped Tater Tots	Primo Pizza By The Slice (V) Italian Hoagie Sides: Cupped & Fresh Fruit Side Garden Salad
Monday-Sept 28	Tuesday-Sept 29	Wednesday-Sept 30		
Chicken Nuggets w/ Breadstick Turkey Club Salad Sides: Cupped & Fresh Fruit Carrots w/ Ranch	Taco Twins (F) w/ Corn Shells & Toppings Chicken Caesar Salad Sides: 100% Fruit Juice & Cupped Golden Corn	Hot Turkey Sandwich W/ Gravy Chicken Patty on Bun Sides: Cupped & Fresh Fruit Mashed Potatoes		

<u>Lunch Prices</u>: Regular Lunch \$3.75 Reduced: \$0.40 Adult: \$5.00 Milk: \$0.60 *Menu subject to change.

Food Service Director: John Sloan MAl@nsfm.com Phone: 609-927-0551 Look for snacks, nutrition & menu descriptions posted on the school website!

Milk
Skim White
Chocolate
Strawberry
1% White
Lactaid